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standards and K-12 physical education curriculum development and make it easy for teachers to assess and track student progress across grades, resulting in physically literate students. In developing the grade-level outcomes, the authors focus on motor skill competency, student engagement and intrinsic motivation, instructional climate, gender differences, lifetime activity approach, and physical activity. All outcomes are written to align with the standards and with the intent of fostering lifelong physical activity. National Standards & Grade-Level Outcomes for K-12 Physical Education presents the standards and outcomes in ways that will help prepare teachers and current practitioners plan curricula, units, lessons, and tasks. The text also empowers physical educators to help students meet the Common Core standards, allows teachers to see the role standards and the scope and sequence for outcomes for all grade levels at a glance, and to study the outcomes. In the result is a test that teachers can confidently use in creating and enhancing high-quality programs that prepare students to be physically literate and active their whole lives.

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